

# THE GUARDIAN

FEBRUARY 2025 | ISSUE 123

SPICE #4816



ARE YOU A *golden retriever* BELIEVER?

# THE GUARDIAN

FEBRUARY 2025 | Issue 123

The Guardian is the official publication for Golden Rescue, a not-for-profit rescue and adoption service for Golden Retrievers.

**Editor:** Viive Tamm **Creative Director:** Betty James

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production.

If you have any comments or suggestions for the Guardian, please email [guardian@goldenrescue.ca](mailto:guardian@goldenrescue.ca). (Golden Rescue™ is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.)

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## Golden Rescue Mission Statement

### SECOND CHANCES FOR GOLDENS IN NEED

Our mission is simple and straightforward because that's who we are and that's what we do. Our volunteer-run organization, led by a volunteer, working board of directors, is dedicated to ensuring that each and every rescued Golden receives exceptional care, regardless of the extent of their needs. We provide veterinary care, rehabilitation, behaviour training, and numerous other services to help our Golden Retrievers prepare for their second chance with a loving forever family. We also help educate people about the virtues of rescue as rescue is our favourite breed.

At the root of everything we do are our core values ~ integrity, kindness, compassion ~ all delivered without judgment. These are our guiding principles that drive our purpose and sustain our ability to continually wrap our arms around Golden Retrievers who so desperately need our help.



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## On The Cover

**Spice #4816** ~ 2024 was good to us. The highlight of the year was the result of a Thanksgiving family gathering. We have a dog, a beautiful 7-year-old Labradoodle named Sadie. She is the perfect dog. We love each other and hike and swim together. She is good with other dogs and totally trust her. We talked about another fur companion for us and Sadie. But life was too perfect. Or so we thought. We knew Golden Rescue was a great organization and we've met a number of Golden Retrievers from GR. So, we applied to possibly adopt although we did have some trepidation. We flew back from Ontario to B.C. in an 'atmospheric river' and drove to Spice's foster mom directly from the Vancouver airport with a plan for a meet and greet. Spice had a little diaper on as she was in heat. As we knelt on the floor and she welcomed our pats, it was truly love at first sight. With the mutual love clear and our decision to take her was made, her foster, with tears in her eyes, said "the sooner you take her, the easier it will be for her and for me". Well, that was it. With a package of diapers, a blanket, and some food, we had a second fur-child. So, the thing is...we live in Powell River. It takes two ferries and a drive in between to get there so Spice stayed the night with us at the hotel, met her twin brothers (our 25-year-old twins who live in Vancouver) and her life with our family had begun. She got lots of comfort and cuddling that night on our bed before the journey to her forever home the following day began. Sadie and Spice were introduced in a field behind our home when we arrived in Powell River. Sadie now shares her home, her toys, and dog cuddles with her new sister. Sadie has a companion who shares her passion for squirrels, swimming in the ocean, and playing in puddles. The dynamic duo bark in unison to protect their home and wag and lick visitors together once confirmed they are friends of our pack. Sadie has taught Spice how to jump logs and come for treats and that she is not to go too far from mom and dad. As for Spice's new humans...we can't imagine life without her. Her joy for life is contagious. She is demonstrative with her love for her family with cuddles, kisses, and her wish to be with us. She has gone from struggling going up and down stairs to climbing mountains, bounding over logs and swimming in lakes and the ocean. She loves her many beds, but especially her mom and dad's bed. So, the biggest gift of 2024 was Spice. We are so grateful! **Allison & Jeff**





CYNTHIA &amp; LILY #2253



## NEW SERIES

## Behind-the-Scenes at Golden Rescue

We are very excited to bring you a new Guardian series showcasing all of the incredible work that various Golden Rescue teams do to bring our Golden companions into loving families. From taking in Goldens, to fundraising, to adoptions... and so much more, we can't wait for you to meet our passionate and dedicated teams, without whom none of this would be possible. Starting in March, we will take you behind-the-scenes to see all of the work that Golden Rescue does to give deserving Goldens their second chances.

## Scout #4497

When we lost our sweet Rosie, we knew it was only a matter of time before we welcomed another Golden into our home. We said we would wait one year before adopting again. We lasted six months. When we met our handsome Scout, he was so gentle and wonderful during walks on his leash (a huge thank you to his foster family). While his gentle spirit has endured, the 'real' Scout came out in no time. He is incredibly goofy (he does 'trust falls' where he sits up on his hind legs and if you don't grab him, he flops straight back), loves to cuddle, demands head pats from every human he meets, and is never happier than when he is being brushed. He also has his challenges. His prey drive is off the charts, so our ravine-adjacent yard is a lush hunting ground. Scout also has severe anxiety issues. He panics when there is not a human within reach with destructive consequences. We have worked with trainers and our veterinarian to make Scout feel safe, something that may be

## MEET & GREET



a life-long journey, but one that is well worth it for his unconditional love.

**Lyndsay & Mike**

## Past, Present & Future: HAPPY READING!

Read past issues and stories any time! All the Guardian issues since 2013 are on our website and we will continue to add each issue from now on. So, if you'd like to read past issues, please click [HERE](#).





# Louise Penny to the **RESCUE...**

Golden Rescue never wants to stop creating awareness or raising money for our rescue mission. Events are key to finding new volunteers, fosters, and supporters and for raising funds to keep our rescue mission going. Louise Penny talks about how you can help:

**Create your own event and we'll help if you need anything ~ promoting the event on social media, sending you promotional materials, and possibly finding volunteers if you need extra hands. Here are some event ideas:**

**BAKE SALE:** Organize a bake sale where you and friends/family bake goods to sell. Or your kids can set up a classic lemonade stand.

**CAR WASH:** Set up a car wash in a busy area and ask for donations in exchange for washing cars. It's a great opportunity to hand out our brochures to bring awareness to our mission.

**FUN RUN OR WALKATHON:** Host a local run or walkathon charging an entry fee or collecting pledges.

**YARD/GARAGE SALE:** Collect donated items from friends and neighbours and hold a yard/garage sale, with the profits going to GR.

**TALENT SHOW:** Arrange a talent show or an evening of music where audience members pay for tickets. It's a great opportunity to introduce some of our Golden Retrievers and tell some rescue stories.

**CRAFT FAIR:** Host a fair where local artisans can sell their crafts with a portion of the proceeds going to charity.

**SPORTS/GAMES TOURNAMENT:** Set up a sports or games tournament (soccer, basketball, euchre, games night) and charge an entry fee. Golden Retrievers can play a part by being greeters.

Or come up with a new and innovative idea ~ the sky's the limit!

Contact Michelle at [goldenrescuediy@gmail.com](mailto:goldenrescuediy@gmail.com) with your ideas and how we can help.



to talk about  
**CREATING YOUR OWN  
FUNDRAISING EVENT**



LOUISE WITH CHARLIE #4834 & MUGGINS

# Does This Make Me Look Fat?

Dogs never ask this question. They don't care so they will happily eat whatever you give them or what they can get with no regard for their waistline. It is up to us, their families, to keep an eye on their weight. This might be one of the most important things we can do to keep our beloved pets healthy. Yet, it appears that so many of us fail at this task. The number of dogs that present as overweight is staggering. This is especially a problem with big dogs and Golden Retrievers in particular, because of their general predilection for hip dysplasia...and food. Extra weight puts enormous stress on their hind quarters and can create unnecessary problems. It can also put extra stress on their hearts, making them lethargic. The more lethargic they become, the less active they are, thus creating a vicious cycle. Obesity can also increase the chances of arthritis, liver disease, diabetes, and it can even increase the risk of getting certain types of cancer.

Unlike many canine medical conditions, obesity is a totally avoidable condition and is 100% in our control. Your vet may tell you if your dog is overweight, but the reality is we should already know this ourselves. A good vet will certainly let you know during any visit, but if you ignore their advice, they will likely politely stop talking about it. Not paying attention to weight and letting them pack it on is essentially killing them with kindness (food/treats).

Weighing your dog at every vet visit is essential and you should compare the weights each time. An easy way to tell if your dog is overweight is simply by sight and feel.

The ribs should be palpable and covered by minimal amounts of fat. When viewed from above, the dog's waistline should be visible by a subtle inward curve behind the ribs. A side view should reveal an abdominal tuck or a slight upward curve of the belly behind the ribs. Overweight dogs will have excess fat covering the ribs and will lack a noticeable waistline or abdominal tuck.

It is also possible that if you are struggling to keep their weight down that there may be a thyroid condition. Your vet can check this and either rule it out or provide medication if necessary.

Your vet can tell you what your dog's ideal weight should be. Once you have that, and if it is determined that your dog is overweight, it is an act of kindness to get serious about a diet and exercise program. Check your dog's weight regularly. You can pop into your vet's office any time without an appointment just to get them weighed.

Many dog food manufacturers over-prescribe the amount of food you should feed your Golden. How much you should feed varies wildly depending on their metabolism and activity level, so your vet can help you determine the right amount. On average, female Golden Retrievers weigh between 55 and 65 lbs and male Golden Retrievers weigh between 65 and 75 lbs. Generally, females should get around two cups a day and males should get 3-3.5 cups, but again this varies according to age and activity level. Your vet will help you get to the right amount and even this might need experimentation to reach and maintain the perfect weight.

Simply put, if your dog needs to lose weight, **FEED THEM LESS** and **EXERCISE THEM MORE**,



if possible. For some reason, many of us think it's cruel to deprive our pets. The opposite is true. We are the only ones who can control their weight and it is not only a kindness to keep their weight under control but an absolute health necessity.

There are many foods that your Golden will enjoy that are not high in calories and can be used as a substitute for high calorie treats, such as carrots, bananas, watermelon, blueberries, cauliflower, apples, and oranges...to name a few. These can also be added to their meals to add bulk without adding calories.

No, your Golden will never ask "Does this make me look fat?" but a Golden at their ideal weight will be happier, healthier, and more active. They will never stop asking for more food or treats and they will never stop trying to guilt you into feeding them more by flashing their sad doe-eyes. It is our job, however, to stay firm. If you have to capitulate, give them a couple of small carrots. Some Golden Retrievers consider these veggie alternatives as 'sissy food'. If your Golden is like that then try wrapping the carrot in a little yoghurt. If that doesn't work, just try to ignore those sad hypnotic eyes. Remember, it's all for a good health cause.



## MEET &amp; GREET

**Sputnik #4808**

Sputnik turned 10 on Christmas day and Santa brought him a big new floof bed which he immediately claimed. He has settled in very well but does not like the winter. It is a challenge to get him out once the temperature goes below minus 5 (BTW, who does). Other than that, he is just awesome...perfect, in fact. He is slowly gaining much needed weight. Everyone loves his name including him as he now knows it well.

**Seija****GOLDEN ANGEL**

Shadow #1342

Meet outstanding volunteers ~ golden angels with golden hearts!

**Leona Wysminity & Darrell Rivney**

Leona and Darrell are wonderful fosters ~ a real dynamic duo. They have adopted many goldens from GR and have fostered even more. Sage #2472, Spirit #2704, Verda #3185, and King #4299 have all been very fortunate Goldens adopted and loved by Leona and Darrell. They have fostered many others and even King was initially fostered before they adopted him. They saw King through two hip surgeries and even slept with him on the floor when he couldn't do stairs. King was such a lucky boy to meet this amazing couple and he now runs, swims, and plays. He is a gentle giant who went through an amazing transformation under Leona and Darrell's loving care. They believe that fostering is all about the impact they have on these wonderful creatures and providing them with their best opportunity for a second chance. Thank you for the boundless love you give all our Goldens!

LEONA & DARRYL WITH KING #4299,  
SAGE #2472 & FOSTER VEE #4776



# When You Feel Like You Failed

It has taken me years to be able to even consider writing about this. Even now, I feel my eyes stinging as the shame creeps up while I remember my failed attempt at rescuing a Golden many years ago. It was pre-COVID (the dividing line of life these days) and we had a 'unicorn' of a Golden who we adopted from an acquaintance. Rosie had bounced around many homes already and we were stunned at how perfectly she behaved. Aside from some leash-pulling, she had no bad habits, despite likely having never been formally trained. With us, she was with her forever family. With this happy situation, why not add another Golden?

We contacted Golden Rescue, who conducted our home visit and interview and saw that we had an ideal spot and friendly girl to welcome a new Golden into our life. We were connected with a Golden preparing to arrive in Canada from Egypt and fell in love at first (picture) sight. We picked Riley up from the airport and he was understandably nervous, but so very sweet. But shortly after bringing him home, I knew I was in over my head. My anxiety was through the roof as we tried to help Riley adapt to life in a new country and a new home. With time, I am sure that he would've settled in just fine, but having two dogs was more than I could handle. I was devastated when I realized I had overestimated my capacity. I suffer from an anxiety disorder, but even with my ongoing

treatment, my mental health had shattered. I contacted Golden Rescue and, through sobs, explained my predicament. I was deeply ashamed. The volunteer I spoke to was incredibly kind and understanding and assured me this is not an abnormal situation, that we don't know until we try, and that I was doing the right thing by contacting them to find a better home for Riley. A few days later, a transport volunteer came to pick him up to take to his new home. Again, while sobbing, we handed over his leash as the volunteer again reassured us that everything was okay, these things happen, and he was going to a loving family. I followed up a few months later to see how he was doing and he had settled nicely and his new family was thrilled to have him.

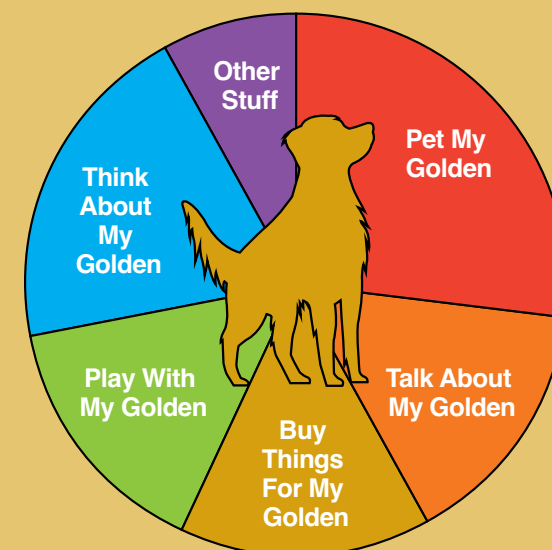
To this day, I feel such guilt over what I see as giving up on a beautiful Golden soul. But I am comforted with the knowledge that he has brought joy to another family and that there are people like Golden Rescue volunteers to take care of not only these pups, but the people who love them and want the best for them. My message to anyone in a similar predicament is to trust your gut for what is best for you and your Golden and to trust in the wonderful team at Golden Rescue to help you through the process.

**Lyndsay ~ Scout #4497's Mom**

If people don't like you, IT'S OKAY.  
You only need to be concerned if  
Golden Retrievers don't like you. Then it's  
time for some self-reflection.



## My Golden Life





# OUR NEW YEAR'S WISH 😭 DIDN'T COME TRUE 😭



## RUDY #4333

*Newmarket, ON*

- Smart, affectionate & loving
- Needs a fenced yard ~ a rural property with room to run would be ideal
- No other dogs or cats ~ Rudy is dominant with a high prey drive

Read about affectionate Rudy [HERE](#).



## KODA #4641

*Newmarket, ON*

- A big boy ~ needs a strong leader
- Relaxed & calm with his family & people he knows
- Not a fan of dogs ~ would be best as a backyard dog (fenced yard imperative)
- No other pets or children
- Loves playing fetch & car rides

Read about loveable Koda [HERE](#).

**BLOOD** makes  
you related!

These two boys desperately need families. Please consider adopting one of these sweet boys. Yes, they have their foibles; however, they are wonderful with people.

Please consider giving one of them the family they are yearning for by filling out an adoption application [HERE](#) – or if you have already applied, please email [adoption@goldenrescue.ca](mailto:adoption@goldenrescue.ca) to let us know you're interested.

**LOVE** makes  
you family!



# Nyla #3352 ❤️ Gone but Never Forgotten



Nyla arrived in Toronto from Cairo, Egypt on a cold and snowy November day in 2020. From the moment the lovely volunteers at Golden Rescue opened Nyla's crate and handed over the leash, the adventures began. Nyla darted down the ramp straight to the car and proceeded to jump in despite there being a pile of towels in the way. Nyla absolutely LOVED car rides, hiking, and swimming in the summer. She lived for her daily walkies and when she wasn't playing outside, hiking or swimming, you could find her snuggled up in one of her two donut beds with a stuffy.

**When Nyla arrived, it was clear she had been through a lot and suffered from a traumatic past. She had developed a strong sense of self from living on the streets in Egypt, which made her cautious at first. Despite her trauma, she opened herself up to love and a second chance at life here in Canada.**

After a while, you never would have known she came from the streets of Cairo ~ people were often shocked when I told them about her past because she blossomed into the sweetest girl with a heart of gold. Nyla was intelligent, wise, gentle, and an absolute joy! We are forever grateful to GR for placing Nyla with our family and we are forever grateful to Nyla for the endless joy, love, laughter, and adventure she brought into our lives. We love you sweet Nyla and couldn't have imagined life without you. You will be in our hearts forever. Gone but never forgotten ~ our precious Egyptian treasure! **Catherine**



## MEET & GREET



### Oliver #4720

Oliver made his way around Lake Ontario to his new home in the U.S. He is one handsome dude. Everyone says so and we're sure he knows what's being said about him. He has a very sweet disposition and this time of year his favourite spot is in front of the fire. He's not a big winter dog. We have a condo in Florida and Oliver much prefers the beach to the snow. His leash training is a work-in-progress and has been difficult. Funnily enough, when he knows we're heading towards home, he calms and is good on the leash. He loves travelling and goes everywhere with us in the car, although he will only lie on the floor. He is a very happy boy and so are we!

**Nancy & Ed**

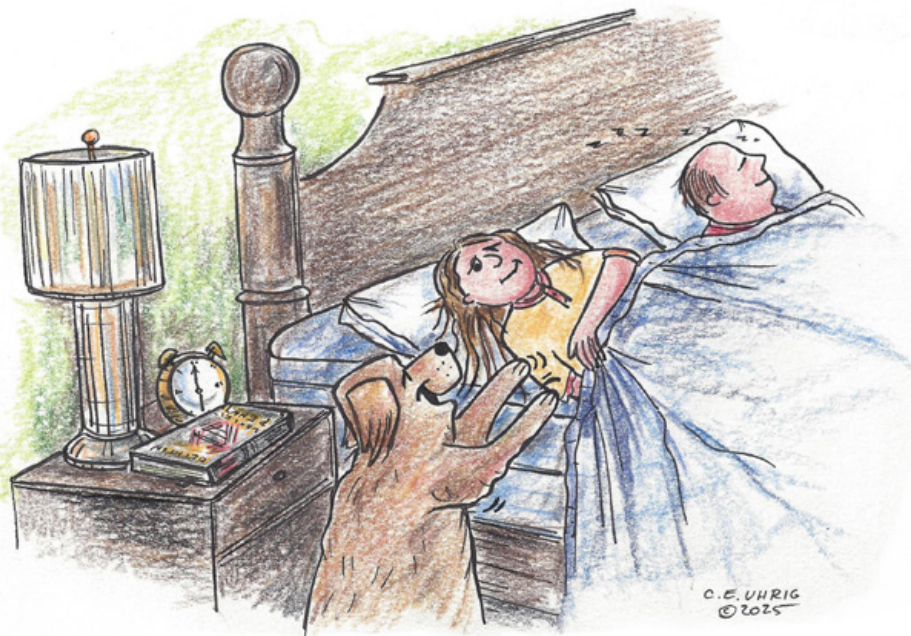


## GOLDEN SMILE

I got a scarf made from  
my golden retriever's fur.

I've been told it looks  
quite fetching.

## GOLDEN MOMENTS<sup>©</sup>



"I could wake him — but let's face it —  
he's just not a morning person."

SHADOW #1342



## DON'T MISS OUT ON GOLDEN NEWS!

.....  
**CLICK HERE** TO JOIN OUR MAILING LIST

We send out regular Adoption Alerts and eblasts for News & Events...

### AND NOW, OUR FREE GUARDIAN!

Sign up by going to the website. In the top right-hand corner  
of each page, click on 'Join our mailing list' and follow the prompts.  
You will then always be 'in-the-know' about Golden news!

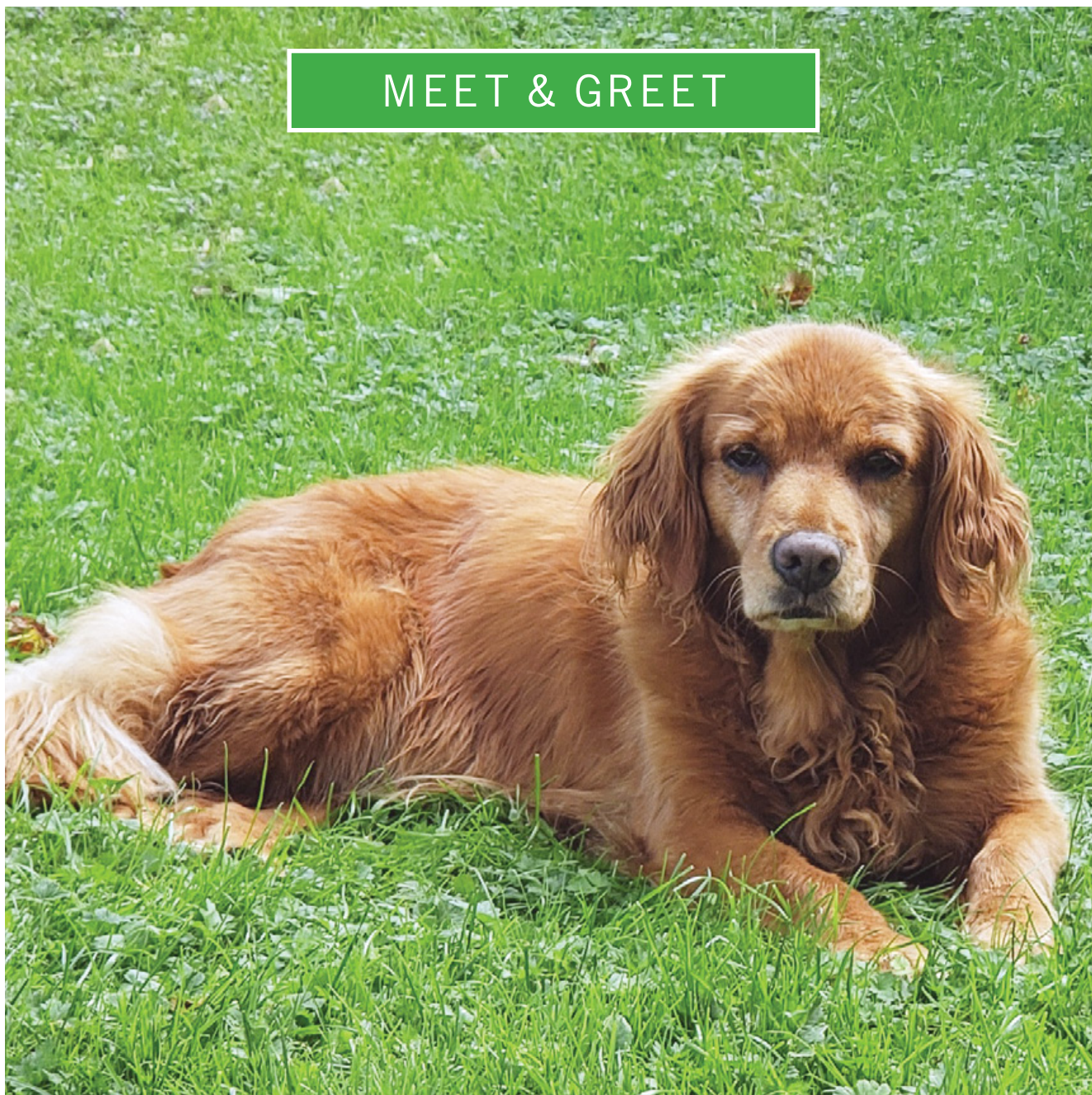
### FOLLOW US ON SOCIAL MEDIA



'Like' us on Facebook and 'Follow' us on Threads, Instagram, and  
Pinterest to stay up-to-date on what's happening with Golden Rescue.  
Visit our website and click on the icons to stay connected!



## MEET & GREET



### Molly #4157

Molly (aka Muffet) arrived from Cairo with 50 other Golden Retrievers. It was an incredible sight at the cargo terminal seeing these beauties come down the ramp one by one. Molly wasn't interested in me, just the other dogs, and she was obviously anxious. After she calmed a bit, I got her into the car where she was restless but she eventually settled and fell asleep. When we got home, she sniffed everything in the backyard particularly and it became obvious that she was used to being in a house but not stairs. Eventually she went onto her dog bed in my bedroom and slept for hours. Late in the night, I felt her get up on the foot of the bed and she has slept there at night ever since. The next day it was time for a big grooming, brushing all the dead ticks from her body and giving her a bath. She looked so much better after that although her hair needed growing in and her tail was like a stick. From then on, she became my velcro girl and followed me wherever I went. Walking her was the biggest challenge as she would freeze at the end of the driveway terrified of what lay ahead. It took many months to get her over that fear but now she happily walks around the neighbourhood saying hello to everyone she meets. Everyone loves her and says how pretty she is as her hair has filled in and her tail is no longer a stick. Molly has come such a long way since she arrived in Canada. She is such a sweet and gentle soul. She loves water and snow and she loves her new life. And I love her to bits. Thank you for letting us find each other.

Susan



# Buy Now ~ Avoid FOMO (Fear of Missing Out)

CHECK OUT THESE  
ITEMS ON SALE!

## PHOTO FRAMES

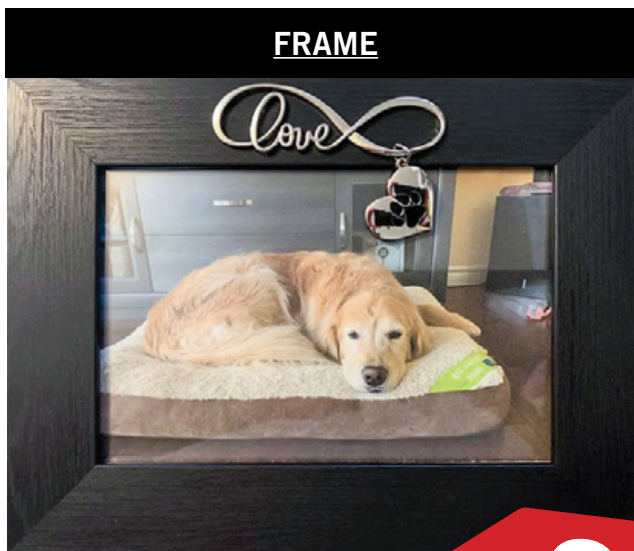
Now \$45 (were \$50)

## HAT & SOCKS SET

Now \$48 (was \$55)

## 2025 CALENDAR

Now \$10 (was \$20)



**SALE**

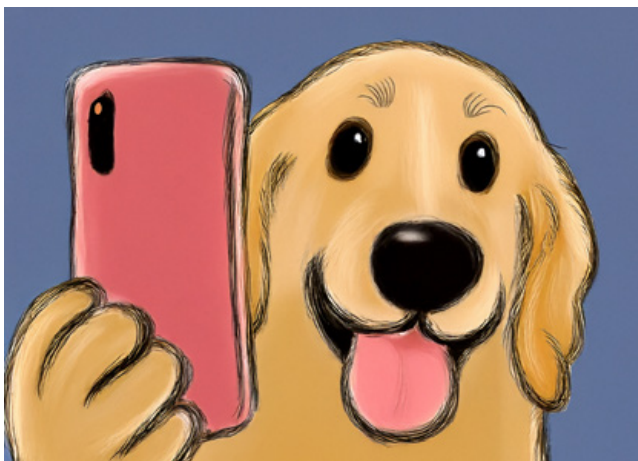


Click [HERE](#) OR  
scan our QR code!

**HAPPY SHOPPING  
& THANK YOU FOR  
YOUR SUPPORT!**







## SAY CHEESE! PHOTOS NEEDED

There's no time like the present to start asking for photos of your rescued Golden. We need great photos of your photogenic Golden in different seasons or celebrating various holidays for our calendar, newsletter, and website.

Print has very specific requirements so to increase your chances to be a calendar contender, your photo must be an original (high resolution/large format and no screen captures, scans or 'photos of photos'). Please don't make the photos smaller by saving smaller/compressing them (especially in email). For calendar months, landscape formats are preferred.

Please save your photos with your Golden's rescue name and number and send them to: [photos@goldenrescue.ca](mailto:photos@goldenrescue.ca)

# AWESOME VOLUNTEER ROLES!

Golden Rescue continues to grow and evolve... and we're looking for volunteers! We run solely with passionate and creative volunteers ~ a wonderfully dedicated group sharing a common vision to safeguard the well-being of every Golden in our care. Our work is hugely rewarding and we would love to hear from you. We currently have needs in a number of areas across Canada.

## Event Coordinators ~ Eastern Canada

Become a member of the Event Team and organize events to help build awareness for Golden Rescue. Training and ongoing support will be provided by this fabulous team.

## Volunteer Coordinators ~ Across Canada

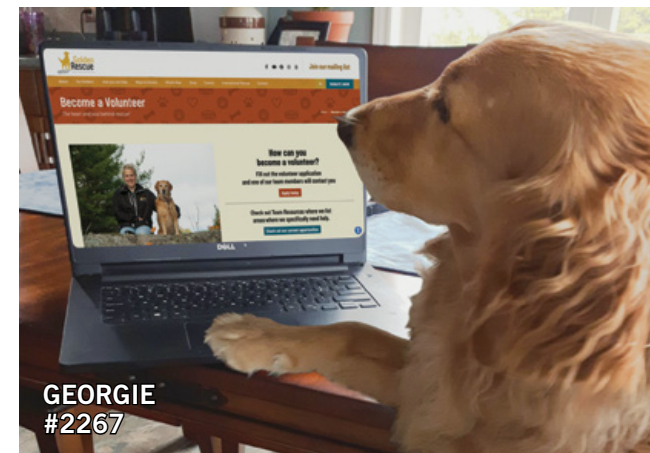
Help with the success of our events by recruiting and scheduling volunteers. We will give you all the tools and support you need to make our events a success.

## Foster Onboarding Coordinators

There are many elements to bringing a new foster on board. You would represent Golden Rescue by calling potential fosters and their references and answering their questions, arranging home visits, and sending information packages. Please take a look at our foster application on our website, which will familiarize you with what we look for in a foster family. Training and ongoing support will be available. **Estimated time commitment:** 10-15 hours per month

## Picnic Committee

The annual Golden Rescue Picnic is growing and we need your help to make it a success! This exciting event takes place every September and brings together a wonderful community of Golden lovers. We're looking for a few committed volunteers to join our planning committee. Committee members will help with organizing, coordinating, and ensuring everything runs smoothly on the day of the picnic.



Help us help Golden? They're counting on us...and we're counting on your expertise and commitment. If any of these opportunities are of interest to you, please let us know by emailing: [teamresources@goldenrescue.ca](mailto:teamresources@goldenrescue.ca). Thank you for coming to the rescue!

Another way to help us is by joining our mailing list to keep in touch with everything that's going on ~ from adoptions to events. Sign up [HERE!](#)

## MEET & GREET



### Angus #4255

This is sweet Angus with his buddies. I recently came across his notes and the description of him and his behaviours were so accurate. He now lives on a 45-acre farm on Gabriola Island and is an 'employee' of Gabriola Pack Walk, which is my business. He could not be a more perfect ambassador for rescue.

**Mady**

## MEET & GREET



### Riley #4789

Riley has settled into our family beautifully and loves his new sister Rosie. He's constantly stealing her toys and she's fine with that. They are like two peas in a pod. When the first snow came, he was unsure what to do but it didn't take him long to start running around in it. Riley is a very loving boy who loves getting his belly rubbed. We are so happy to have him in our family.

**Julie & Steve**

## MEET & GREET



### Hunter #4738

Hunter is a beautiful boy who has fit into our family marvelously well. He brings us so much happiness with his smiles and goofy antics. He has a real personality and 'talks' to us all the time with his funny noises and expressions. He has been going to a trainer and we're happy to say he has done very well, particularly socializing with other dogs. Our walks around the neighbourhood are now stress free. We can't imagine our life without this boy.

**Lisa & Sam**



# UPCOMING EVENTS

Help us spread the **GOLDEN** word!

We need YOU ~ volunteers and visitors! If you are interested in volunteering with your Golden for a few hours, send an email to our events team at [events@goldenrescue.ca](mailto:events@goldenrescue.ca). Indicate which event you would like to help with and the hours you are available.

**TELL YOUR FRIENDS,  
MARK YOUR CALENDARS,  
AND HOPE TO SEE YOU SOON!**

**Sunday, February 9th**

Ottawa Farmers' Market ~ Ottawa (ON)  
10 am – 3 pm

**Tuesday, February 25th &  
Tuesday, March 25th**

Markham at the Movies ~ Markham (ON)  
6 pm – 7 pm

**Sunday, April 13th**

Ottawa Farmers' Market ~ Ottawa (ON)  
10 am – 3 pm

**Saturday, September 20th**

Golden Rescue Picnic  
Viamede Resort ~ Woodview (ON)



**Dear Goldie:** Once a week I go to a dog friendly horse barn with my mom. Sometimes when we arrive, there's a guy trimming a horse's 'woofs' or should I say 'hoofs'. When that happens, my barn buddies and I get so excited and run to grab the delicious hoof trimmings. Mom always shouts at me not to eat them but they're just so yummy. Is it okay to feast on hoof trimmings? **Barney**

**Dear Barney:** I do understand the attraction as dogs find hoof trimmings truly irresistible. However, your mom is right. A few fresh, clean, flexible trimmings can be harmless; however, the Barn Veterinarian would say: 1) hoof trimmings can hold harmful bacteria, 2) hoof trimmings can splinter and perforate the gut wall, and 3) hoof trimmings can also hold poisonous residue from a horse being treated for thrush on the underside of the foot.

**Dear Goldie:** My PP's (Pet Parents) are obsessed with their cell phones. I'm confused! How come no one is allowed to use or even look at their phones during family mealtimes, but the minute I'm on a walk, the cell phones immediately come out as a PP priority. I'm no longer special and no one

pays attention when I want to stop for a pee, eat a discarded chicken bone, see an unfriendly/unleashed dog coming for me or I've just dropped a boot. Why do I feel like I'm not the focus on our walks together? **Invisible Cilla**

**Dear Cilla:** Rest assured that you are not invisible. Your family members love you but they are being unknowingly thoughtless. Hopefully they might read this and join the 'no cell phone zone' during walkies. It's so important to feel the trust and bonding that takes place when YOU are the priority. You excitedly anticipate, enjoy, and treasure your walks with your special person who loves you and makes it happen!

**Dear Goldie:** Some humans are proud to say that they're ambidextrous, which is quite admirable. But have they ever stopped to notice if their very own Golden (male of course) is ambilegxtros! Yes, I am one of those gifted few who can pee left leg up or right leg up! I'm working on both legs up but haven't mastered that yet. Whenever I'm on a walk, I know I'm a chick magnet for this skill and I take great delight in watching my Golden buds at the park who can only get it up on the same leg each time. My question is this how many PP's (pet parents) have ever noticed if they have a skilled Golden like me? **Lego**

**Dear Lego:** I must commend you on your sharp-wittedness! I don't think I've ever noticed that trait, skill, characteristic, feature, peculiarity, distinction! My goodness, I recommend that our readers do their homework and take note of their Golden's rear leg action, capability, and versatility.

# Welcome to the Golden Family

## Archie #4829

Adopted by Pamela & Jeff

## Bailey #4837

Adopted by Gwenne & Clyde

## Benny #4821

Adopted by Samantha & Ryan

## Buddy #4830

Adopted by Sarah & Andrew

## Charlie #4834

Adopted by Louise

## Delsa #4754

Adopted by Kevin

## Emily #4737

Adopted by Shari & Lugesan

## Finnegan #4788

Adopted by Gillian

## Lucky #4743

Adopted by Anna & Victor

## Maui #4805

Adopted by Patricia

## Ollie #4773

Adopted by Mary & Eddie

## Pumpkin #4828

Adopted by Roger

## Robbie #4782

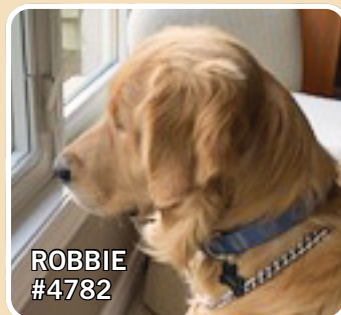
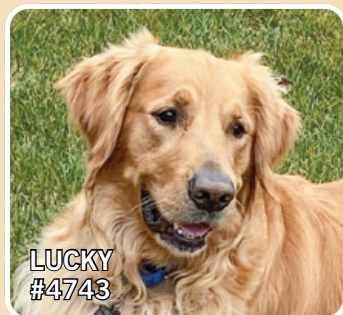
Adopted by Norah & Ian

## Steven #4835

Adopted by Johanna

## Winston #4781

Adopted by Kiran & Kevin







**SAVE  
THE  
DATE:**

**FRIDAY,  
May 2nd to  
SUNDAY,  
May 4th**

**THANK  
YOU FOR  
YOUR  
SUPPORT!**

## LOOKING FOR PRIZES:

If you would like to donate prizes/auction items (new only), please email: [sa@goldenrescue.ca](mailto:sa@goldenrescue.ca)

**Here are a few suggestions for some things we'd be grateful to receive:**

- Anything related to Goldens/dogs
- Theatre/sporting event tickets
- Rounds of golf or ski passes
- Gift cards
- Restaurant certificates
- Tickets for attractions
- Experiences (flights, hotels, resorts, hot-air ballooning, escape rooms, etc.)
- Jewelry & accessories
- Fitness classes/gym memberships
- Artwork, home décor & garden/outdoor items

# CFIA BAN: WE NEED YOUR PASSION & IDEAS!

Hello all you Golden lovers! We are still committed to doing everything we can to lobby the Canadian Food Inspection Agency (CFIA) to amend the ban on international dog rescue. Despite our best efforts, we remain exactly where we were when the ban came into force in September 2022. In the spirit of 'two heads are better than one', we are seeking volunteers to join a team to brainstorm tactics and actions that would make the CFIA listen to us. At this point, your commitment would be to attend a meeting and come prepared to share your ideas. If you are interested in helping to save the lives of thousands of dogs who are suffering and dying needlessly, please reply to [board@goldenrescue.ca](mailto:board@goldenrescue.ca). I will be in touch as soon as possible with details about the meeting. Thank you!

**Jane Riddell, Volunteer Co-Chair**





LOOK BACK AND BE  
*grateful*

LOOK AHEAD AND BE  
*hopeful*

LOOK AROUND AND BE  
*helpful*

Help our future Golden  
by becoming a monthly  
donor ~ any amount  
is appreciated ~  
nothing is too big or too  
small. Or make a  
one-time donation.

Click [HERE](#)  
to donate!

KILI #4171