

THE GUARDIAN

JANUARY 2025 | ISSUE 122

KALEN #4028



ARE YOU A *golden retriever* BELIEVER?



THE GUARDIAN

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The Guardian is the official publication for Golden Rescue, a not-for-profit rescue and adoption service for Golden Retrievers.

Editor: Viive Tamm **Creative Director:** Betty James

The Guardian is the result of many people who have generously donated their time, expertise, design, and resources to its production.

If you have any comments or suggestions for the Guardian, please email guardian@goldenrescue.ca. (Golden Rescue™ is a registered trademark of the Canadian Golden Retriever Adoption Service Inc.)

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Golden Rescue Mission Statement

SECOND CHANCES FOR GOLDENS IN NEED

Our mission is simple and straightforward because that's who we are and that's what we do. Our volunteer-run organization, led by a volunteer, working board of directors, is dedicated to ensuring that each and every rescued Golden receives exceptional care, regardless of the extent of their needs. We provide veterinary care, rehabilitation, behaviour training, and numerous other services to help our Golden Retrievers prepare for their second chance with a loving forever family. We also help educate people about the virtues of rescue as rescue is our favourite breed.

At the root of everything we do are our core values ~ integrity, kindness, compassion ~ all delivered without judgment. These are our guiding principles that drive our purpose and sustain our ability to continually wrap our arms around Golden Retrievers who so desperately need our help.



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Mario's story about Kalen is the WINNER of the 'Best Rescue Golden in the World' contest. Congratulations!!!!

On The Cover

Kalen #4028 ~ Kalen is a calm and affectionate little Golden. Yes, I saved his life by adopting him; however, he gives it back to me a hundredfold. He is always there when the stress of work takes its toll. His pet therapy is of great benefit to the whole family. Kalen is a boy who is not very playful but who loves to be flattered, to please or to pose for beautiful photos. Kalen is love on four legs. He is very sensitive to people. He loves everyone from the youngest to the oldest...as well as other dogs. Kalen brings us love and well-being every day. In November, Kalen was selected by St-John Ambulance to join the dog therapy team so Kalen and I will be visiting people who need comfort and love. Kalen is my best friend...my buddy! **Mario**

Past, Present & Future: **HAPPY READING!**

Read past issues and stories any time! All the Guardian issues since 2013 are on our website and we will continue to add each issue from now on. So, if you'd like to read past issues, please click [HERE](#).



Louise Penny to the **RESCUE**

If you must give your family pet away, please surrender to a reputable rescue organization!

When life gets too difficult and throws you a curve or your circumstances change and you find yourself having to make the heart-wrenching decision to give your pet away, please choose a reputable rescue organization.

See what Louise Penny has to say about the importance of surrendering your pet to a

rescue like Golden Rescue. A rescue group is absolutely the best solution as we rescue with compassion and without judgement. Louise explains the struggles many go through ~ the reasons and choices available during difficult decision-making.

Please listen to Louise's poignant and important message.



Happy New Year

Out with the old, in with the new
May you be happy the whole year through

TO OUR VOLUNTEERS, SUPPORTERS, ADOPTERS & FRIENDS:

May this new year bring you as much joy and happiness as your Golden brings you every day!

TO OUR GOLDENS & OTHER FURKIDS:

Wishing you a pawsome, healthy & happy new year!



UPCOMING EVENTS

Help us spread the GOLDEN word!

We need YOU ~ volunteers and visitors! If you are interested in volunteering with your Golden for a few hours, send an email to our events team at events@goldenrescue.ca. Indicate which event you would like to help with and the hours you are available.

**TELL YOUR FRIENDS,
MARK YOUR CALENDARS,
AND HOPE TO SEE YOU SOON!**

January 21st

Markham at the Movies
Markham (ON)
6 pm – 7 pm

February 23rd

Ottawa Farmers Market
Ottawa (ON)
10 am – 4 pm

February 25th

Markham at the Movies
Markham (ON)
6 pm – 7 pm

SAVE THE DATE September 20th

Golden Rescue Picnic
Viamede Resort ~ Woodview (ON)

MEET & GREET



Finley #4541 & Penny #4729

Finley and Penny both graced our family through Golden Rescue within the last year. Fin came by way of a ‘foster fail’. Within two days, we knew he was going to be a part of our family forever! He has the best facial expressions (always judging us). He is the best cuddler and full of love. He is the sweetest big brother to Penny, who is a recent addition. We knew she was going to steal our hearts from the first moment as she cuddled

the whole drive home. She is still nervous in new situations; however, she is the ultimate couch potato and loves nothing more than coming inside from an adventure and running to claim her spot on the warm, cozy couch. We are so thankful to Golden Rescue for bringing joy and chaos to our home after the loss of our other ‘perfect pair’.

Britt & Katie

Coats for Cairo



Ollie #3622



Nellie #3329

9:00 AM

Wow Nellie, did you see all the coats and sweaters that were donated for our friends in Cairo? I started to count them but no way could I count that high!

9:01 AM

I sure did Ollie...and I couldn't count that high either.

9:02 AM

You and I know so well how cold it gets in Cairo in the winter and how some of our cousins simply can't and don't survive as they have very little shelter and no heat.

9:03 AM

This was utterly amazing! I'm so proud of all our friends and supporters.

9:04 AM

Yes, we were able to send over 700 coats and sweaters of all sizes. And my mom counted them, not me!

9:05 AM

You were able to round up a lot of coats and sweaters, Ollie. Well done, my friend! We had money left over so we sent money for medical care also. I'm so happy about that!

9:06 AM

Thanks Nellie. You and your mom drove all over the place picking up coats and getting them packed.

9:07 AM

Until recently, people had no idea how badly these coats and sweaters were needed. You and I know because we experienced it first-hand. I remember shivering and being so cold...and I have a pretty thick coat compared to most.

9:08 AM

I don't know how we got so lucky to join fabulous families in this wonderful country.

9:09 AM

And we'll never be cold or hungry again so I'm so ecstatic that we were able to pay it forward a little.

9:10 AM

THANK YOU to everyone who donated money or sent or collected coats. You have no idea what a difference this will make! 🐾💛🐾

9:11 AM

Happy New Year! You've already made this year better for so many!!! 🎉

MEET & GREET



Ruby #4799

We recently welcomed this furry bundle of joy into our family. From the moment we brought her home, our lives have been filled with unconditional love. We continue to work on her socialization with other dogs and believe with patience she will get there. Her gentle nature with the children and playful antics have blossomed over the last few months. Ruby has become a cherished member of our household and we hope to have many years of wonderful memories to come.

Sheri & Steve

MEET & GREET



Stella #4287

For a street dog, Holly is a wonder. She Hard to believe a street dog from Cairo could turn out to be the absolute BEST Golden in the world. Stella has brought so much joy into our life. Every morning, she wakes up with a twinkle in her eye and comes to me without fail for a kiss on the forehead and a cuddle. She is always up for a car ride or a tour of the bay in our golf cart at the cottage. Barring that, just hanging out with her 'hoomans' is A-okay with our girl. Who could ask for anything more? We love her to the moon and back.

Linda & Bob

MEET & GREET



Willow #4272

Since she came to Canada in 2022 from Cairo, Willow has been a light in our lives. She loves to jump into bed with us in the morning as she is a huge cuddler and loves her morning snuggles. She prances around the neighbourhood stopping to meet everyone so they can pet her. Everyone she meets simply love her. This year, Rob was diagnosed with cancer and she was his soulmate and never left his side. I can't even imagine our life without her as she brings us so much joy and laughter. Thank you for bringing her to Canada and into our lives.

Heather & Rob

SHADOW #1342



DON'T MISS OUT ON GOLDEN NEWS!

[CLICK HERE](#) TO JOIN OUR MAILING LIST

We send out regular Adoption Alerts and eblasts for News & Events...

AND NOW, OUR FREE GUARDIAN!

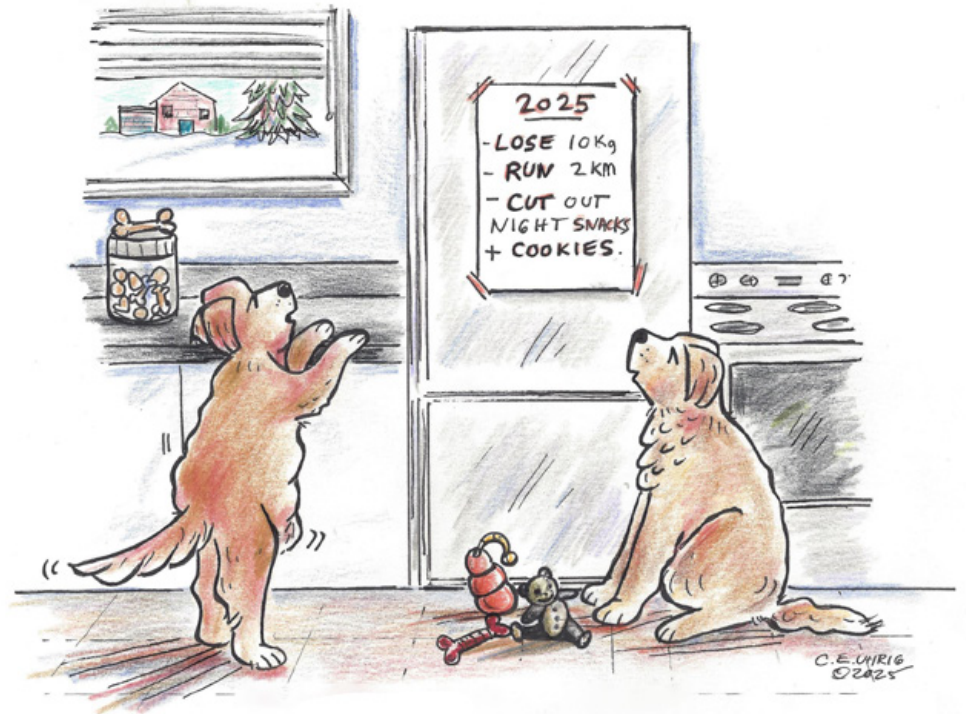
Sign up by going to the website. In the top right-hand corner of each page, click on 'Join our mailing list' and follow the prompts. You will then always be 'in-the-know' about Golden news!

FOLLOW US ON SOCIAL MEDIA



'Like' us on Facebook and 'Follow' us on Threads, Instagram, and Pinterest to stay up-to-date on what's happening with Golden Rescue. Visit our website and click on the icons to stay connected!

GOLDEN MOMENTS[©]



"Sure hope that's Mom's list!"

Service to others is the rent you pay for your room here on Earth.

Muhammad Ali

MEET & GREET



Hallie #4144

Our Hallie is quite the character. When she first arrived in our home, she stayed by the door for a few days and slowly moved to the family room. We have two other dogs ~ an English Bulldog and a Shepherd/Lab mix and she is already the top dog. She has lots of funny quirks. She loves car rides but insists on putting the window down and presses the button on her own. If we put the child lock on, she barks. She loves the snow and doesn't want to come in. She loves the pool and she has her own life-jacket but she refuses to swim ~ just wants to be carried around. She does not like to go on walks ~ in fact, she refuses and lays on her back in the middle of the road so we have a wagon for her. The only way we can get her into the vet or groomer is in her wagon or she won't go in. She's stubborn but completely adorable and funny. This beautiful girl has added love and life to our home.

Sheila & Edward

MEET & GREET



Cooper #4423

SuperDooperCooper is our fifth Golden from GR. He came with a long rap sheet ~ 11 of 10 on the energy scale, very aggressive with other dogs, 12 out of 10 on prey drive. But the first time we met, he ran right over and planted a big kiss so we were hooked. High energy...no problem. I'm high energy so it was a match made in heaven. Aggression with other dogs... we will never know what happened in his life to cause it but we've come up with a plan to deal with it. He is so easily distracted by food so all we have to do is wave a liver bite in front of him and he forgets why he was mad. Sniffing starts, tail starts wagging, and all is good. Once he's made friends, he remembers going forward. As for his prey drive, it's better not to be a rabbit or squirrel; however, we're happy to report that he has the utmost respect for our invisible fence. Whoever gave up Cooper lost an absolute gem. He is the sweetest animal I have ever known and what he adds to our home cannot be measured.

John

AWESOME VOLUNTEER ROLES!

Golden Rescue continues to grow and evolve... and we're looking for volunteers! We run solely with passionate and creative volunteers ~ a wonderfully dedicated group sharing a common vision to safeguard the well-being of every Golden in our care. Our work is hugely rewarding and we would love to hear from you. We currently have needs in a number of areas across Canada.

Care Team Members

We are looking for individuals to join our Care Team. Golden Rescue would like to reach out to all our adopters once a year to see how their adopted Golden is doing and to confirm that all their contact information is up-to-date. You will be given a list of approximately 200 names and we'd like you to reach out to them by email. In some cases, the email bounces back and then, you would need to contact them by phone (so a long-distance phone plan is necessary). You will record your calls on an excel spreadsheet provided to you. A working knowledge of Google Docs would be helpful, but not a necessity. We are looking for individuals who would enjoy being part of this team on an on-going basis as ideally you would reach out to the same individuals each year. If you have even more time, you can certainly get a bigger list. **Estimated time commitment:** 30-40 hours over 3-4 months

Event Coordinators ~ Eastern Canada

Become a member of the Event Team and organize events to help build awareness for Golden Rescue. Training and ongoing support will be provided by this fabulous team.

Volunteer Coordinators ~ Across Canada

Help with the success of our events by recruiting and scheduling volunteers. We will give you all the tools and support you need to make our events a success.

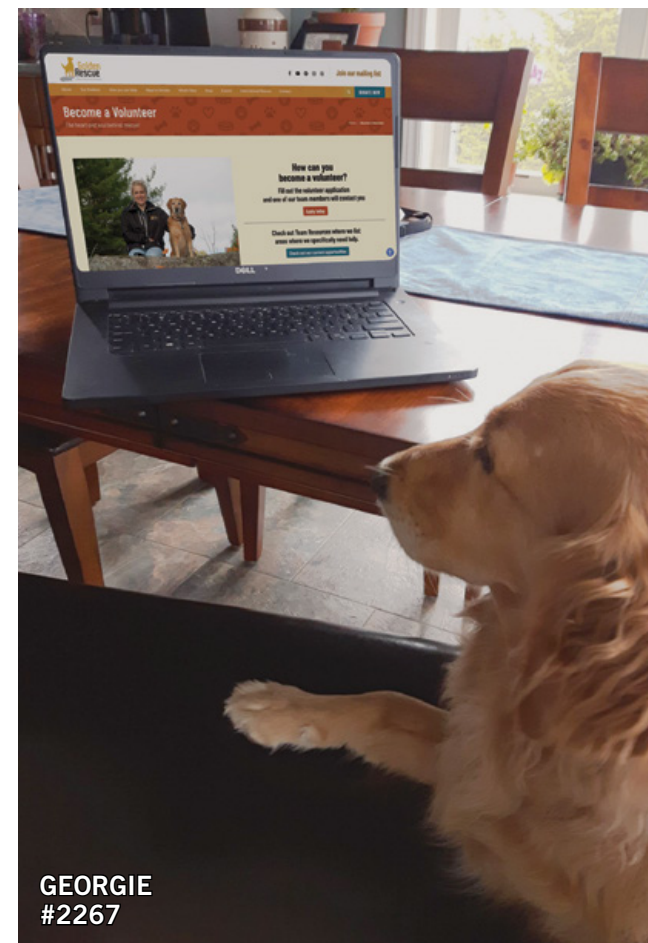
Foster Onboarding Coordinators

There are many elements to bringing a new foster on board. You would represent Golden Rescue by calling potential fosters and their references and answering their questions, arranging home visits, and sending information packages. Please take a look at our foster application on our website, which will familiarize you with what we look for in a foster family. Training and ongoing support will be available. **Estimated time commitment:** 10-15 hours per month

Picnic Committee

The annual Golden Rescue Picnic is growing and we need your help to make it a success! This exciting event takes place every September and brings together a wonderful community of Golden lovers. We're looking for a few committed volunteers to join our planning committee. Committee members will help with organizing, coordinating, and ensuring everything runs smoothly on the day of the picnic.

VOLUNTEER



GEORGIE
#2267

Help us help Golden? They're counting on us...and we're counting on your expertise and commitment. If any of these opportunities are of interest to you, please let us know by emailing: teamresources@goldenrescue.ca. Thank you for coming to the rescue!

Another way to help us is by joining our mailing list to keep in touch with everything that's going on ~ from adoptions to events. Sign up [HERE!](#)

THE TRAINING CORNER



WHAT BARKING MEANS

In this article, I'm going to address new insights and misconceptions of what we thought we knew about dogs and also share some of the exercises we use to change behaviours.

Barking is something most people misunderstand. When dogs bark, we often tell them to be quiet. But we bark all the time. It's called speaking and sometimes we speak loudly. Dogs don't speak in words like we do. When they bark, they are trying to communicate. They might be telling another dog to stay away, they might be alerting you to something they heard or they might be trying to get your attention because they want something. I remember when I was very young, my grandmother used to say, "Children should be seen and not heard." We preach the same thing to our dogs. Dogs are constantly trying to communicate with us and we need to try to understand them.

You also need to have your dog's back. I spoke with a client a couple of weeks ago and she told me her dog was good with medium and large dogs but didn't like it when pups or small dogs jumped at her face and she wanted to stop her dog's behaviour. The problem is not with her dog. It's with the pups and small dogs. I told her it was absolutely okay for her dog not to like other dogs jumping in her face. That's rude. Most pups don't know any better and many small breeds never learn that it's rude. How would you like it

if someone or a child came right up to your face? Instead, let her dog know she's got her back and either get her out of that situation or ask the other people not to allow their dog to approach.

Here's another misconception. Many people think their dog should be friendly and like all dogs. Why? Do you like everyone you meet? Do you go up to and greet everyone you see? I know I don't and there are people I purposefully avoid. Why do we expect our dogs to be fine with every dog they meet? That's unrealistic.

We often have students in class with a dog that has been attacked by another dog and now their dog is reactive to all dogs. They want their dog to stop reacting. Put yourself in their paws. You get attacked by someone while on a walk or anywhere. How are you going to feel after that? You might not want to leave the house or you might be afraid of everyone stranger you meet. You are going to be on guard for probably years and might need counselling. Why would we think our dog would be okay after being attacked?

We also expect our dogs to be okay with wearing a leash. Why? They are not born wearing a leash. They probably didn't wear one until you came and got them. Now, they need to wear a leash so we can keep them safe on walks. But how would you feel if someone put a leash on you? You'd try to get away.

'Heel' walking isn't natural. Dogs see the world through their nose, not their eyes. Their nose is 10,000 times more powerful than ours. But they only see in yellow, blue, and greyish brown. So yes, they need to sniff. Have you ever watched a group of dogs off leash? Here's what happens ~ they come together and sniff stuff, then they might play or go off their own way. They might come together again and then go off. You won't see two dogs walking shoulder to shoulder off-leash strolling along. That's not natural for them. That's what humans do.

Genetics play a big role in how your dog acts. Up until the 1800s, almost all dogs were bred to do specific jobs. We get all sorts of inquiries for help on this one. Someone with a Husky complains that their Husky pulls them. Of course they do ~ they were bred to pull sleds. People complain that their Border Collie or Aussie wants to organize them. Yes, they were bred to herd sheep. Then there are those with Terrier breeds that complain that they constantly chase small animals. Yes, they were bred to chase and go down holes to kill rodents. Then there's the Retriever that constantly brings everything to their owner. That's why they're called Retrievers ~ they retrieve.

What we need to understand is that it takes time to change behaviours. Think about a time when you've had to change your own behaviour.

Maybe you decided to lose weight or cut out sugar or cut back on drinking, stop smoking, discovered you had to change your diet, had to change the way you did anything you've been doing for a long time. How hard was that? How many times did you fall back into your old behaviour? For dogs, it's even harder. We can talk ourselves into changing, but our dogs can't. And the longer your dog has practiced their behaviour, the longer it will take to change it.

People often want to treat the symptom without knowing the cause. For example, my dog pulls on the leash. I want him to stop doing that. Okay, but why does he pull on leash? Well, it's because he wants to chase the squirrel. No, that's the trigger not the cause. Is it because he lacks engagement with you, does he not see value in being in close proximity to you, does he have trouble disengaging from the environment, does he lack calmness or have trouble bringing his excitement or fear-level down, does he lack confidence, does he lack flexibility in order to change the way he behaves?

So, here's how Concept Games-based training works. It works on training for the situation NOT training in the situation. If you try to train when your dog is in a high state of arousal (barking, lunging, jumping, fear, frustration, etc.), they can't hear us. They can't process what we're saying. We are nothing more than white noise. Concept training trains for the situation. Instead, you practice the exercises in every different room in your house, including bathrooms and closets if they're big enough, your backyard, front yard and on walks where there are no distractions. After practicing for one or two weeks in all those places, you'll discover that the reaction will lessen and eventually disappear. They may not do it one day and then the next day they do. It's

not consistent at first but it will become that way if you continue to practice the exercises. Once the behaviour has changed, you can lessen the frequency of the exercises and eventually stop. If your dog slips back into old habits, start doing the exercises again and you'll find that the behaviour will change more quickly. Remember how many times you slipped back when changing a habit or behaviour. This happens to our dogs as well.

Only practice the exercises for two to three minutes. You always want your dog to be eager to play again. Use their kibble when working in the house. You may need higher value treats outside. Simply take some of their daily food allowance and use it for training. If you use raw, feed like I do, use freeze-dried or dehydrated food or fresh veggies if your dog likes them. My dogs love carrots. Also, what you consider to be high value may not be high value to your dog. One of our trainer's dogs will do anything for cucumber.

There are over 300 exercises. Each exercise works on three to seven concepts. I'm going to share with you five of the exercises we teach in class. Click on the links to watch videos of how to do the exercise. Most important ~ have fun!

Paint The Town – This exercise works on focus, proximity, engagement, and optimism and helps with focusing on you and not the environment, walking on leash and recall.

Proximity Zone – This exercise works on proximity, focus, and engagement and helps with building value for hanging out with you, walking on leash, and recall.

Orientation Game – This exercise works on disengagement, focus, and proximity and helps with recall, walking on leash, and listening to you.



LINDA WITH #VIOLET #4496, TULA & STAR

DMT – Distract, Mark, Treat – This exercise works on disengagement, arousal, and flexibility and helps with learning to ignore distractions both inside and outside the home.

'Caged Food' – This exercise works on impulse control, thinking in arousal, optimism, calmness, and disengagement and helps with recall, chasing, saying hello to everyone, and ignoring distractions in the environment.

By Lynda Kitson

Lynda is the owner of Who's Walking Who Dog Training Centres and is also a Walks 'N' Wags Certified Pet First Aid Instructor. She lives with her husband Vaughan, and their three Golden Retrievers, Star, Tula and Violet #4496.

MEET & GREET

Fiona #4764

The house was pretty quiet this past year after the loss of our beloved Daisy. Then lovely, sweet Fiona joined our family and charmed us all. She has such a gentle nature even though she snores like a buzzsaw. Our house feels like a home again. At first, we thought she was totally deaf, but then we noticed that she reacted to high-pitched squeaky toys and very loud noises so, not totally deaf, just hard of hearing. We found that we could use a whistle to get her attention when she wasn't facing us and hand signals when was. Her love of treats has made training more rewarding. She has made friends with the neighbours and neighbourhood dogs. Sitting out on the lawn while I garden, she likes to take in the scenery. At first, she didn't know what to make of squirrels. Now, like most dogs, she feels she must bark at and chase them. The heavy snow hasn't deterred her from our walks and she likes to play 'catch the snowball' in the backyard. Fiona is a joy and we feel lucky and grateful to have her as a member of our family.

Judy



DO IT ~ Give a Golden a Fresh Start!

Very early one Sunday morning in November, my wife and I drove from St. Thomas to Scarborough to meet a Golden. His name was Merle #4782 and he was said to be about four years old.

But my story really begins almost two months earlier when Merle, as he was then called, and more than twenty other Golden Retrievers in Manitoba were surrendered into the custody of Golden Rescue. None of the dogs had ever seen a vet.

When Norah and I met Merle, he was thin, forlorn, and frightened. He would occasionally stand, head down, shaking. But he was affectionate too, seeking and soaking up human contact. He had stitches under his right eye and small bite marks on his legs and tummy. For the first eight days he was with us, he had to be fed each meal by hand as he would not lower his head to eat. Clearly, he was hungry but perhaps past memories were too painful. When he did eventually lower his head to eat from a bowl, I had to sit or stand right next to him, otherwise he would stop eating and bolt. He was terrified of the car and of any unexpected noises and he had clearly never seen a staircase. He wanted Norah or me, preferably both of us, within his line-of-sight at all times.

We posted a copy of Golden Rescue's 3/3/3 Rule on the refrigerator. We found the document uncannily accurate in charting our boy's development. Incidentally, after much hawing, we had settled on the name 'Robbie' in homage to Scotland's bard, Robert Burns.

On our first walk with him, we realized that he had never been walked before Golden Rescue

intervened. But with two substantial walks each day, he quickly began to grasp at least the elemental rules of leash walking. On return, his paws would require towelling. Within a few days of arrival, he was rolling over on his back and holding up his paws in anticipation. We had not taught him this, he was just that obliging. From the beginning, he slept soundlessly each night in our bedroom. He had no accidents in the house.

We noticed his constant observance of our routines and his quickness to adapt to them. Almost from arrival, he picked out his favourite spots to lie quietly. We tried not to be overly affectionate or 'gushy' in the early days to allow Robbie to get comfortable and make his moves. And he did! His trust grew daily and he began to present himself more often for belly rubs.

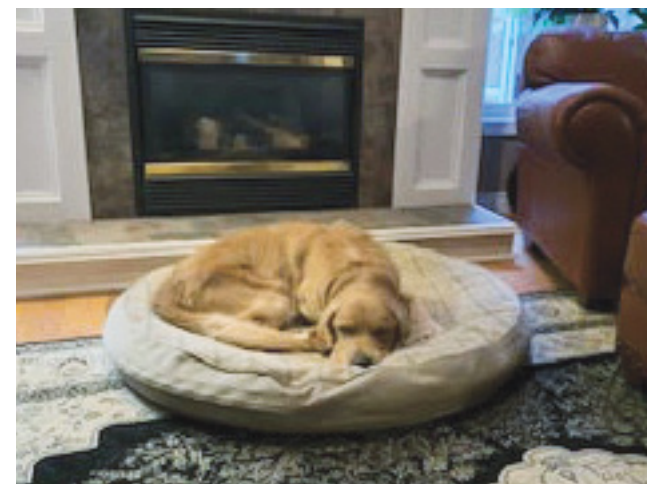
I write this column because when we first met this frightened and emaciated boy, we were reluctant to take him home. We worried that perhaps he had been irretrievably traumatized. We doubted whether, at our age, we had the stamina or the patience to succeed with him. But Robbie is, after all, a retriever, and in amazingly short order he retrieved himself.

Robbie brought with him an unanticipated Christmas gift. It turns out he is closer to 2 years of age instead of 4. So, we have received two 'bonus' years with this wonderful companion. Who could ask for more?

Robbie is my sixth Golden and all have been rescues. By and large, he made the quickest, least disruptive transition of them all. Our advice to any prospective adopter of a traumatized dog is



ROBBIE #4782



this: "Do it! Give him or her a fresh start! I doubt you will be disappointed. Certainly, we are not."

By Ian Hunter

Ian Hunter is a retired lawyer in St. Thomas, Ontario.

MEET & GREET



Izabelle #4809

We lost our beloved Golden Bliss in 2022. We were heartbroken and not quite ready to love again. When Izzy was posted, our youngest son said “she’s the one, let’s adopt her!” So, I inquired about her believing she would be perfect for our family. We were excited, thrilled, and nervous to be chosen as her family; however, she has turned out to be the best thing that’s ever happened to us since losing Bliss. She is unbelievably kind, loving, and gentle. Ours is truly an amazing story of rescue and Izzy is a wonderful addition to our family. We loved her from hello.

Kimberley, Tyler & Brandon

MEET & GREET



Luna #3795

Meet Luna, my red Golden from Cairo ~ a whirlwind of fluff, chaos, and comedy! Luna’s talents include wrestling with her dog sister (always winning), leaping dramatically at balls and snowflakes, and melting hearts with her relentless friendliness. A master squirrel enthusiast, she dedicates her days to backyard stakeouts. Her signature move is the ‘Luna snuggle’ where she burrows into you so deeply leaving no room for anything but your heart and hers. Luna treats every couch as her throne and considers all snacks hers by default. With her endless curiosity and goofy antics, Luna lives to make you laugh until your sides hurt...and she’s winning at that too!

Cheryl

MEET & GREET



Sage #2472 & King #4299

Sage will be 11 this coming year and I can say that she and I are growing older together. King is simply a great gentleman who never gives the girls a hard time. We are presently fostering Vee and she is slowly getting less anxious. Given the opportunity, she stockpiles all the toys she can snatch from King and he lets her. I tell him he is a silly fool and to go get them back but he simply lets her think she has tied one over on him. He waits until she leaves them and he snatches them all back. I could certainly write a book about these wonderful Golden Retrievers who have graced our life.

Leona

THE FAB FOUR NEED FAMILIES

“Help me if you can, I’m feeling down
And I do appreciate you being ‘round
Help me get my feet back on the ground
Won’t you please, please help me”

THE BEATLES

Please consider giving one of them the family they are yearning for by filling out an adoption application [HERE](#) – or if you have already applied, please email adoption@goldenrescue.ca to let us know you’re interested.

ZEUS #4545



North Toronto, ON

- A big goofball with a big heart
- Loves all people & does a happy dance when he meets you
- Not a fan of other dogs ~ walking with a gentle leader works well
- No other pets in the home
- Someone home often

Read about goofball Zeus [HERE](#).



RUDY #4333



Newmarket, ON

- Smart, affectionate & loving
- Needs a fenced yard ~ a rural property with room to run would be ideal
- No other dogs or cats ~ Rudy is dominant with a high prey drive

Read about affectionate Rudy [HERE](#).



KODA #4641



Newmarket, ON

- A big boy ~ needs a strong leader
- Relaxed & calm with his family & people he knows
- Not a fan of dogs ~ would be best as a backyard dog (fenced yard imperative)
- No other pets or children
- Loves playing fetch & car rides

Read about loveable Koda [HERE](#).



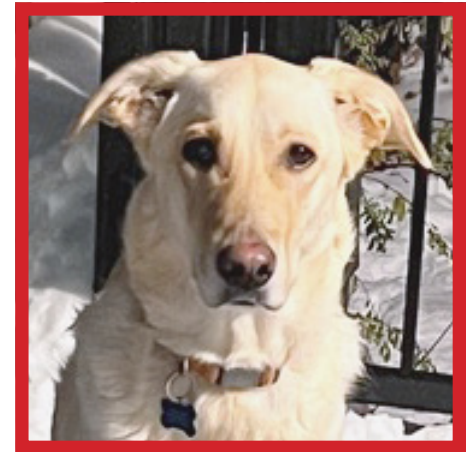
BAILEY # 4837



Ottawa, ON

- An absolutely sweetheart
- Energetic girl who needs an active family
- Loves to play & fetch ~ fenced yard ideal
- Very friendly ~ wants to play with every dog she meets

Read about adorable Bailey [HERE](#).



Cobi #2748

We rescued Cobi in March 2018 at six years of age. She came from an awful puppy mill. She needed to be spayed and to have 10 teeth extracted and two very infected ears treated. This little girl was afraid of everything including herself and she did not know how to live in the human world. In the beginning, we had to hand feed her, lift her to go outside or for a walk. Toys and treats were of no interest, new sounds were frightening, and we weren't sure if she had a tail because it was always tucked under her. Laying on her bed in a dark room was her haven. Cobi has come leaps and bounds since then. Today, it's still somewhat of a challenge to get her to go outside or for walks ~ she is better and we can live with that. Food has now become somewhat of a motivator which helps. She now wants to be in the same room that we're in. Although this is probably as good as it's going to get, it's a huge improvement from six years ago and we're so happy she is our 'special little girl'. We've learned a lot from Cobi ~ that with patience, trust, and lots of love, you can overcome everything. We can't thank Golden Rescue enough for what they do for Golden Retrievers in need and especially for allowing us to be Cobi's parents. There will always be a special place in our hearts where Cobi will live forever.

Lee & Donna

MEET & GREET



Suli #4801

MEET & GREET

While not technically a Golden, young Suli is capturing hearts just the same. She is energetic, playful, and intelligent and absolutely loves her cuddles and body rubs. She is such a gentle girl. She greets everyone including every dog with a wagging tail on our walks and she loves playing tug and fetch. It's still early days; however, Suli is settling in well. Those around her are impressed with how quickly she is adapting and how comfortable she seems. With all that she's been through, it's a testament to her courage and resilience. Even her first experience with snow didn't phase her. After losing my Golden Ruby a few months ago to a tough illness, I wasn't planning on adopting again so soon, but Suli's picture spoke to me and well, here we are! The timing seems just right as Suli is helping me honour Ruby's memory and move forward to a beautiful new doggy chapter. Welcome home sweet Suli!

Kristina

WELCOME TO THE GOLDEN FAMILY

Alfie #4730

Adopted by Amber & Levon

Cai #4772

Adopted by Yvonne

Fire #4822 & Ice #4823

Adopted by Lynn & Frank

Hattie #4806

Adopted by Debra & Will

Kelsi #4785

Adopted by Carole & Bill

Kevin #4825

Adopted by Amber & Andrew

Macy #4762

Adopted by Julie & Marc

Marley #4775

Adopted by Nichole

Minnie #4824

Adopted by Li Jin

Penny #4729

Adopted by Britt & Katie

Philly #4768

Adopted by Carol

Rocky #4743

Adopted by Anna & Victor

Sputnik #4808

Adopted by Seija

Suli #4801

Adopted by Kristina

Tank #4802

Adopted by Anjie & Richard

Tasha #4787

Adopted by Marni

Tucker #4763

Adopted by Donna & Rick

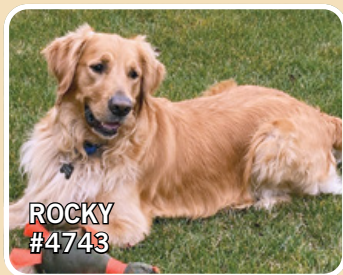
Ziggy #4790

Adopted by Chelsea

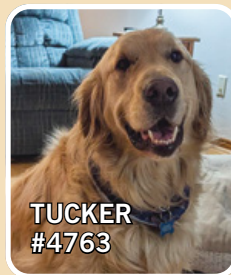
FINDING
FOREVER
FAMILIES



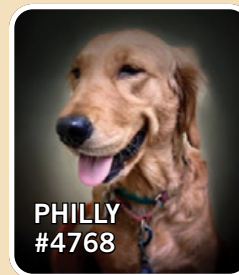
ALFIE
#4730



ROCKY
#4743



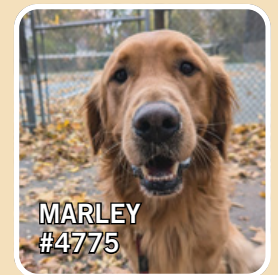
TUCKER
#4763



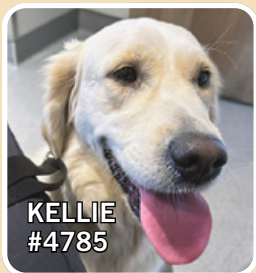
PHILLY
#4768



CAI
#4772



MARLEY
#4775



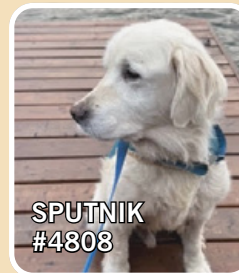
KELLIE
#4785



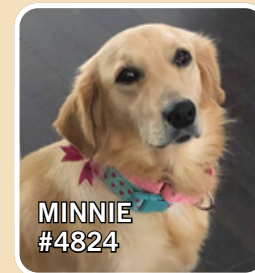
TASHA
#4787



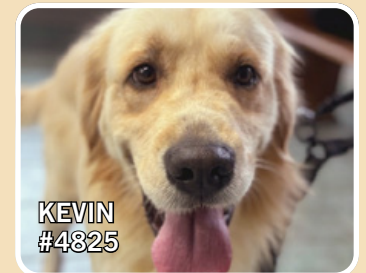
ZIGGY
#4790



SPUTNIK
#4808



MINNIE
#4824



KEVIN
#4825



Ask Goldie

Happy New Year everyone. I hope that 2025 is a happy year for you all. A lot of my friends have been telling me about their New Year's resolutions. Some are having trouble making them stick. Let's take a look at a few of them.

Dear Goldie: This new year, I had resolved to eat healthier. I decided to become a vegan but here's what happened. I had no idea that being a vegan meant giving up meat. Holy cow (or rather holy no cow)! I just thought it meant adding a few carrots and maybe a bit of cauliflower. So, that resolution only lasted one day. Do you think I should try again? **Veggie Reggie**

Dear Reggie: Us dogs need protein and meat is the perfect way to get it. I suggest you continue to eat meat and simply add some carrots, blueberries, and sweet potato from time to time. I have a friend who calls that 'sissy food' but each to their own.

Dear Goldie: This year I have resolved to 'suck in' when I walk around the house so my hair sticks more to my body instead of rolling like tumbleweed all over the house. My poor mom has

to vacuum every other day. Anyway, I tried and I must suck at 'sucking in' because I was totally unsuccessful. Any suggestions. **Tyson Dyson**

Dear Tyson: Yeah, 'sucking in' doesn't work. I'm afraid you'll just have to shed around the house like you always have. Take some advice from the great Scottish bard Robbie Burns: "Wherever ye mae be, Let the hair gang free"

Dear Goldie: I had resolved this New Years to go on a diet to lose a few pounds. I started by cutting my breakfast by one third and my dinner by one third. It was going really well, so I started adding a bit of lunch as I was hungry all the time. I thought it couldn't hurt, right? But lo and behold, I have gained two pounds. What's up with that? **Not-happy Patty**

Dear Patty: Unfortunately, you probably are now actually eating more than before you started the diet. I suggest you eat a normal breakfast, cut out lunch, and cut your dinner by one third. BTW, stay away from treats, don't counter-surf, and stop sniffing the goodie drawer. Weigh yourself in two months and let me know how you did. Failing that, eat what you want, exercise more, and don't worry, be happy!

Dear Goldie: My resolution was to share my toys with my sister and actually play with her more as I often ignore her. It was going okay until she actually took Lamb Chop and pulled one of the ears off, which she knows is my absolute favourite stuffie. I got very upset and got

pretty grumpy with her. Now, she won't play with me at all. **Fiona**

Dear Fiona: First of all, I just talked to your mom and she told me she has re-sewn Lamb Chop a dozen times for you so, I think you should cut your sister some slack. I would apologize and give her one of your other toys as a peace offering. Remember to err is human, to forgive canine.

MEET & GREET



Charlie #3726

My rescue Charlie, from Turkey, is the best because no matter what kind of day I have had, he is always there for me with a big smile on his face when I get home from work. He brings me the love and affection that I didn't realize I had been missing. We love our walks together and he loves meeting new people. We just celebrated three years together and I look forward to the years to come.

Ann

LOOK BACK AND BE
grateful

LOOK AHEAD AND BE
hopeful

LOOK AROUND AND BE
helpful

Help our future Golden Retrievers by becoming a monthly donor ~ any amount is appreciated ~ nothing is too big or too small. Or make a one-time donation.

Click [HERE](#)
to donate!